

Goal
You pay attention to sustainability in foods.
You learn about how sustainable food items are characterized in the U.S. and Germany.

Language Learning Goal
You know the names of food.
You know important terms about the topic of sustainability in food items.
You can introduce yourself.

SUSTAINABILITY IN FOODS

What do you like to eat?
What are your three favorite foods?

Research the production process of some of your favorite foods to determine if they are eco-friendly and sustainable.

YOUR ASSIGNMENTS

1 

What do you like to eat? Note your favorite foods here.
For example:



SUSTAINABILITY IN FOODS



Share your favorite foods list with your class. Together, compile and organize the class data. Discuss the results.



What ideas do you associate with sustainable foods? Complete the mind map.



Research – Are the foods you eat sustainable?

Choose a food item to research. Go to a supermarket or grocery store and find 3 brands of the same food item to compare and research.

Use the check list on the next page and the internet to complete your research.

CHECKLIST CONSUMING SUSTAINABLY



Criteria fulfilled for

FAIR

- There are good working conditions.*
- The product is fair trade*
- It comes from a country with good social standards.*
- The soil is used efficiently.*

ECO-FRIENDLY

- The product uses few raw materials.*
- The product creates little waste.*
- There are few pollutants created during the production.*
- It comes from controlled organic agriculture.*
- It uses renewable raw materials.*
- The energy usage is low.*
- It creates little greenhouse gas.*

LOCAL

- The transport routes are short.*
- They are not transported by plane.*

BRAND

#1 #2 #3 My notes

SUSTAINABILITY IN FOODS



Now create a collage with pictures and information about your sustainable food items.
Use this space to plan out what information the collage should contain.



Present your results to the partner class.
Introduce yourself and your sustainable food items.

FOR THE GERMAN STUDENTS:

Prepare for the presentation. Sample Phrases:

The foods I chose are...

I especially like...

Normally we buy...

